



Food Donation List

Please donate only items on this list in the sizes indicated. We need to be uniform in our sizes to make bagging and distributing easier for our teams. This list was developed to feed a family of four for a week

Please check expiration dates on items before you donate whether you purchase or donate from your pantry.

What we need! Just these items in sizes indicated...

Vegetables and Fruit: all 14 to 16 1/2 oz.

Canned Corn
Canned Green Peas
Canned Carrots
Canned Green beans
Canned Mixed Vegetables or Misc. Vegetables
Canned Beans or Peas
Any Canned Fruit

Carbs:

Long Grain White Rice, 1 lb bag
Instant Potatoes, 13 oz box
Spaghetti, 1 lb box
Pasta, other than spaghetti, 1 lb box
Instant Oatmeal, 8-10 bag boxes
Pancake Mix, (add water only) 28-32 oz box
Cereal, low sugar, whole grain, 12-17 oz box
Dried beans, pinto, small red, black, kidney, 1 lb bag
Macaroni and cheese, 7.25 oz., boxed
Canned spaghetti, 15 oz, OR mini ravioli, beefaroni, etc.
Corn Muffin Mix, 6-19 oz, box or bag

Miscellaneous Items:

Tuna Helper
Saltine Crackers, 1 lb box
Peanut Butter, plastic container
Jelly, plastic container
Spaghetti Sauce, plastic container or can
Pancake syrup, 24 oz, plastic bottle
Kid friendly snack, individual servings, Goldfish, PB Crackers, Trail Mix or fruit bars, nuts, etc.